

Year 2 Firecrests

PSHE

Autumn 2



What makes a good relationship?

Our Special People

We all have people who are special to us. These will be different for everyone, but will include our family and our friends. These are people who we care about and who care about us. They help us to feel loved, safe, healthy and happy.

Families

We all belong to a family group and these may be big or small. Our family is a group of people who are special to us. Our family groups will all be slightly different and this is something to be celebrated.

| Key Vocabulary | Definition |
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| Care | The way that we feel towards people we love. To provide things people need. |
| Cooperate | To work together to achieve something. |
| Differences | Ways we are not the same. |
| Friends | People who we like a lot and know well. |
| Help | To give someone a hand to do something. |
| Kind | To be friendly, considerate and generous to others. |
| Love | The emotion we feel for people who are special to us. |
| Safe | Being protected from danger or harm. |
| Similarities | Ways we are the same. |
| Special people | Someone we feel close to and care about |
| Trust | To feel someone is reliable. |

Trusted Adult Our trusted adults are adults who are special to us and whom we know we can talk to. It is important we have trusted adults that we know will be there for us and who will help us if we are worried or concerned about anything.

Working Together

When we cooperate with others, we can achieve wonderful things. When we cooperate, we need to listen to each other, share jobs that need to be done, help each other and listen to how we are each feeling.

Key Learning Points:

Qualities in a Good Friend: There are lots of things that make friendships special. These are some qualities that good friends have:

- Being a good listener; • Being caring; • Being helpful; • Showing kindness;
- Being trustworthy; • Being honest.

Feelings of a Healthy Relationship:

Every relationship is different but there are certain feelings we should get from a positive relationship. Positive relationships should help us to feel:

- safe; • happy; • loved; • cared for;
- healthy

