

Year 6

Kestrels and Herons

PSHE

Summer 1

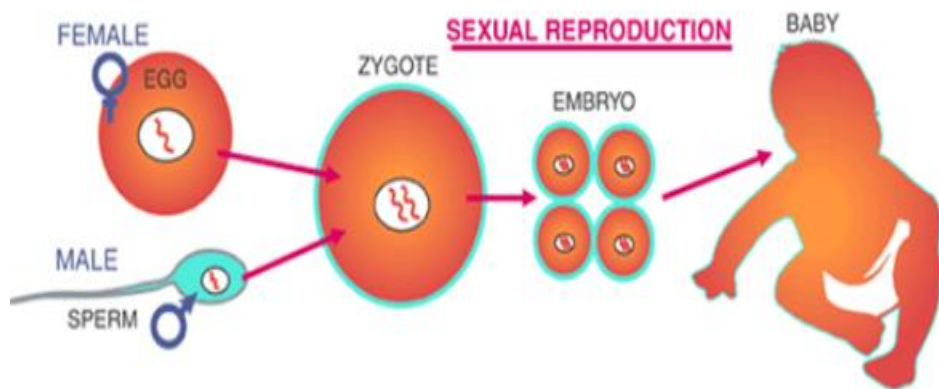


We will look at the video *Love has no Labels* and understand there are many different kinds of loving relationships between many different types of people. We will learn about some elements of loving relationships such as trust, respect, communication and teamwork.



Key Vocabulary	
Body image	How you see yourself when you look in the mirror or when you picture yourself in your mind. What you believe about your own appearance. How you feel about your body, including your height, shape, and weight.
Gender	Having either male or female traits.
Identity	Who a person is. The qualities, beliefs and characteristics that make a person an individual.
Puberty	The time in life when a person changes from being a child to an adult.
Hormones	Chemicals inside our body that can affect our physical body, our thinking, emotions and behaviour.
Genitals	The private parts of the male and female body that are covered by knickers or pants - penis, testicles, scrotum, vagina, vulva.
Human Reproduction	When an egg cell from a woman and a sperm cell from a man unite and develop in the womb to form a baby.
Pregnancy	The time when a baby develops inside a woman's body (in the womb/uterus). Pregnancy usually lasts about 40 weeks, or just over 9 months.

We will learn about changes that happen to our bodies during puberty.



Start of the unit

End of the unit