Long Term Plan 2023 - 2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE (Unit 1)	Fundamentals (Unit 1)	Gymnastics	Ball Skills (Unit 1)	Dance (Unit 1)	Games (Unit 1)
Key Stage 1	Fundamentals	Invasion	Target Games	Gymnastics	Athletics	Net and Wall
	Team Building	Fitness	Dance	Ball Skills	Sending and Receiving	Striking and Fielding
Year 3	Gymnastics	Dance	Netball	Football	Rounders	Tennis
	Fundamentals Y3/4	Ball Skills Y3/4	Dodgeball	OAA	Athletics	Cricket
Year 4	Netball	Dance	Swimming	Swimming	Rounders	Tennis
	Fundamentals Y3/4	Tag Rugby	Fitness	Dodgeball	Athletics	OAA



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Netball	Football	Basketball	Tag Rugby	Athletics	Tennis
Swimming	Swimming	Dance	Gymnastics	Rounders	Cricket
Fitness	Football	OAA	Tag Rugby	Athletics	Tennis
Netball	Dance	Gymnastics	Yoga	Rounders	Cricket
	Swimming Fitness	Swimming Fitness Football	Swimming Dance Fitness Football OAA	Swimming Dance Gymnastics Fitness Football OAA Tag Rugby	Swimming Swimming Dance Gymnastics Rounders Fitness Football OAA Tag Rugby Athletics