

**Wild Wings Weekly Menu**

Week commencing: Example

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Session 1</b> 3:15pm – 4:30pm snack only.	Veg Sticks	Grapes & Banana Slices	Yogurt or Fruit Jelly Pot	Fruit Medley	Veg Sticks & Houmous
<b>Session 2</b> 4:30pm – 5:30pm light meal.	Spaghetti Hoops on Toast & Fruit Jelly Pots	Toasted Muffins with Cheese & Yogurt	Cheese & Ham Pitta with Cucumber & Apple Slices	Pasta with Pasta Sauce & Yogurt	Jam & Crumpets & Fruit Medley
<b>Allergies</b>	AA: Fish	AB: Raw Tomatoes		AC: Peanuts	