



# Year 3

# PSHE



## Autumn 1

### What keeps us safe?



1. Check for danger
  - > Always make sure the area is safe

2. Call 999/111
  - > If it is an emergency, call 999 or 112. Remember LIONEL to give them important details



How to call for help in an emergency.

3. Reassure casualty
  - > Keep the casualty reassured
  - > Stay with them until help arrives



4. If you have been taught any first aid which may be useful, then use it



Key Vocabulary	Definition
Casualty	A person who is ill or injured.
Discrimination	Treating a person or particular group of people differently, especially in a worse way than you would treat other people, because of their gender, skin colour, age, religion, race etc.
Emergency	A serious, unexpected and often dangerous situation requiring immediate action.
Hazard	Something that is dangerous and likely to cause harm or injury.
Medicines	A drug or other preparation for the treatment or prevention of diseases and illnesses.
Pressure	Trying to make someone do something they do not want to do.
Protected characteristics	<b>Protected characteristics</b> are parts of a person's identity that are protected under the <b>Equality Act 2010</b> . This law makes it illegal to discriminate against someone based on these characteristics, helping to promote a fairer and more equal society. These are: age, disability, race, gender, sexual orientation and religion or belief.
Stereotype	Stereotypes are ideas about how people will act, based on the group they belong to. For example, thinking that all girls like pink or all old people are weak.

### Road safety

It is important that we are safe by roads. We should **stop** away from the road.

**Look** both ways and **listen** for any cars.

If there are no cars, then you can cross the road sensibly, walking with a trusted adult.



### Personal Space



We should only ever be in someone's personal space if they have allowed it. If someone is upset and you think they a hug might help to make them happy. Make sure you ask. They might not want you in their personal space.

Medicines should be kept in a locked cupboard, and out of the reach of young children. All medicines can be dangerous if taken when they are not needed, which is why they need to be kept in a safe place.



Some pills look like sweets, which is why they need to be kept away from young children.

