

Year 1 Swans Life Skills



Autumn 2



Who is special to us?

Relationships

People who are special to us

Parents, grandparents, brothers, sisters, aunts and uncles, cousins and friends are some people who are special to us. There are lots of other people who might be special to us, too.



Being a good friend

Being a good friend can make others feel loved and care about, making them feel less alone. Being a good friend can include: sharing, listening, being helpful, saying kind things, playing nicely together, making each other smile. Treat your friends the same way that you want to be treated.

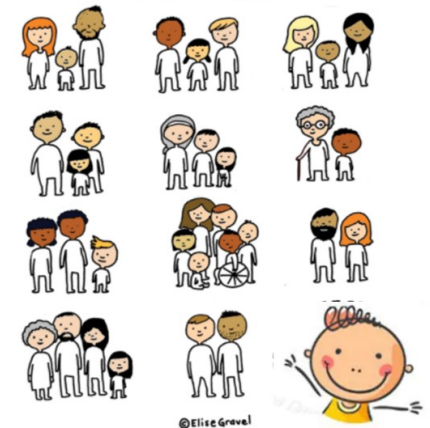


Families

Not all families are the same. There are families that have lots of children, some that have 1 child and some that do not have any children at all. Some families have a mum and a dad, some families have 2 mums, some families have 2 dads and some families only have either a mum or a dad. Even though all families are different, they all show the same love and care for each other. Families help to look after each other when they are feeling poorly or sad about something. They are there to protect each other and celebrate together.

ALL KINDS OF FAMILIES

There are many different kinds of families. I can't draw them all on this page, it's impossible! What is your family like?



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Key Vocabulary	Definition
Belonging	To be a part of a group of people
Bereavement	To suffer the loss of something or someone important
Care	To look after or protect someone
Celebrate	To enjoy an event together
Commitment	To be dedicated to someone or something
Community	A group of people living in the same place or having something in common
Family	A group of one or more parent and their children living together
Friends	A person that someone has a mutual affection with
Helpful	Giving help to someone when they need it
Honest	To be truthful
Kind	Someone who is gentle and caring towards others
Love	A feeling of deep affection for someone
Loyal	To show constant support for someone
Patience	To accept problems of others without feeling annoyed
Protect	To keep someone safe from harm or injury
Sharing	To give a part of something to someone
Support	To help someone with something
Trust	To believe in someone

End of Unit: Who is special to us

How can you be a good friend?

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Who is special to you?

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Are all families the same?

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