

Year 6 Life Skills Autumn 2

Why should we respect others? and Anti-Bullying Week

Showing **respect** is an important part of everyday life - respect is one of our Core Values. If you show respect to others, they will return that respect to you. Showing respect can also help your **self-esteem** because it will make you feel better. Being proud of who you are is possessing **self-respect**. People who have self-respect are more likely to achieve in the future.



Key Vocabulary	Definition
Respecting Others	
community	A group of people, either large or small, such as school or where you live.
compassion	The sensitivity to the emotional aspects of the suffering of others.
identity	Our sense of who we are as individuals and as members of the community.
respect	Accepting someone for who they are, even when they are different from you or you don't agree with them.
responsibilities	Being dependable, making good choices and taking account for your actions.
rights	These are needs or things we should all have, such as the right to an education or the right to be safe.
self-aware	Having a good understanding and knowledge of yourself, including being aware of your own feelings and character.
self-esteem	The way we see and value ourselves. It is based on our own beliefs about ourselves.
self-respect	The pride we have in ourselves, and the way it makes us feel proud of our achievements.
Anti-Bullying Week	
anti-bullying	Actively working to promote the need to stop bullying. Being against bullying.
bully	Unwanted aggressive behaviour that involves a real or perceived power imbalance.
consequences	What happens immediately after a behaviour. These can be positive and negative.
discrimination	When someone is treated differently because of a protected characteristic.
negative behaviour	Aggressive behaviour that is designed to disrupt others.
protected	These are characteristics that give you the right to not be treated differently because of them. Some

A **right** is a choice to make your own opinion and entitlement to things such as education, religion and freedom of speech. **Responsibilities** are duties or something an individual should do such as following the law and rules.



In life, we will have many rights and responsibilities. We have the **right** to a good education, to feel safe and to adequate housing, food and clothing. We share **responsibility** to look after our planet, country, local area and each other.



Anti-bullying week is 13th - 17th Nov 2023. During this week, the whole country comes together to 'make a noise about bullying'. This means speaking out and speaking up against bullies.

