

Year 1 Swans

RE

Summer 1

Is Shabbat important to Jewish children?

Judaism

Judaism began in 2000 BC, about 2,000 years before Jesus was born. Jews believe that God spoke to a man named Abram and told him to search for a 'promised land'.

Jews believe that there is only one **God**. They believe they have a special agreement with God called a **covenant**. Jews promise to obey God's laws to say thank you to him for looking after them.

When is Shabbat celebrated?

Shabbat is celebrated on the 7th day of every week (Saturday). Saturday was the seventh day of the week and the day that God rested after creating the world. Jewish people celebrate Sabbath because God asked them to keep the Sabbath day holy.



What happens during Shabbat?

It is a Jewish law that no one may light a fire after Shabbat starts. Because of this, someone in every home lights candles just before Shabbat. Candlelight symbolises peace coming into the house as Shabbat starts. On Friday evening, everyone gathers for a special meal. Everyone puts on their best clothes. Blessings are recited. On Saturday, no work can be done. Including homework! Families will visit the Synagogue during Shabbat. Wine (or grape juice) is shared in a Kiddush cup. A sweet bread called **Challah bread** is eaten. **Havdalah** is the end of Shabbat. A special plaited candle is lit and prayers are read. Special spices are smelt and finally the candle is put out in the wine.



Key Vocabulary	Definition
challah bread	A sweet bread eaten at the shabbat meal.
covenant	A special agreement with God.
empathy	To understand how someone else is feeling.
Havdala candle	A special plaited candle used on Sabbat.
Havdalah	The end of shabbat.
Jew	A person whose religion is Judaism.
Judaism	The religion of Jewish people. The oldest monotheistic world religion.
Kiddush cup	A special cup used to hold wine for the blessing during the Shabbat.
Kippah	This is a brimless cap, usually made of cloth, traditionally worn by Jewish males to fulfil the customary requirement that the head be covered.
Sabbath	The day of the week set aside for worship and rest.
Shabbat	The Jewish term for Sabbath. Meaning rest, Jews believe that the sabbath should be kept for holy and family time. There are many things that Jewish people are not allowed to do on the Sabbath, including work and sports.
synagogue	A Jewish place of worship.
Torah	The Jewish Holy book.

Kippah



Kiddush Cup



Havdala Candle



Torah



A Synagogue

A synagogue is a place where Jewish people go to worship. Although the synagogue is a place for worship, many are also used as a place to study or as a community centre. In some places a synagogue is known as a temple.

