

# Year 6 Life Skills Autumn 2

## Why should we respect others? and Anti-Bullying Week

### Showing Respect

Showing **respect** is an important part of everyday life - respect is one of our Core Values. If you show respect to others, they will return that respect to you. Showing respect can also help your **self-esteem** because it will make you feel better. Being proud of who you are is possessing **self-respect**. People who have self-respect are more likely to achieve in the future.



Key Vocabulary	Definition
<b>Respecting Others</b>	
<b>community</b>	A group of people, either large or small, such as school or where you live.
<b>compassion</b>	The sensitivity to the emotional aspects of the suffering of others.
<b>identity</b>	Our sense of who we are as individuals and as members of the community.
<b>respect</b>	Accepting someone for who they are, even when they are different from you or you don't agree with them.
<b>responsibilities</b>	Being dependable, making good choices and taking account for your actions.
<b>rights</b>	These are needs or things we should all have, such as the right to an education or the right to be safe.
<b>self-aware</b>	Having a good understanding and knowledge of yourself, including being aware of your own feelings and character.
<b>self-esteem</b>	The way we see and value ourselves. It is based on our own beliefs about ourselves.
<b>self-respect</b>	The pride we have in ourselves, and the way it makes us feel proud of our achievements.
<b>Anti-Bullying Week</b>	
<b>anti-bullying</b>	Actively working to promote the need to stop bullying. Being against bullying.
<b>bully</b>	Unwanted aggressive behaviour that involves a real or perceived power imbalance.
<b>consequences</b>	What happens immediately after a behaviour. These can be positive and negative.
<b>discrimination</b>	When someone is treated differently because of a protected characteristic.
<b>negative behaviour</b>	Aggressive behaviour that it designed to disrupt others.
<b>protected characteristics</b>	These are characteristics that give you the right to not be treated differently because of them. Some protected characteristics are age, race, gender, and religious beliefs.

### Rights and responsibilities

A **right** is a choice to make your own opinion and entitlement to things such as education, religion and freedom of speech. **Responsibilities** are duties or something an individual should do such as following the law and rules.



In life, we will have many rights and responsibilities. We have the **right** to a good education, to feel safe and to adequate housing, food and clothing. We share **responsibility** to look after our planet, country, local area and each other.



Anti-Bullying Week 2025 will take place from Monday 10th – Friday 14th November, with the theme: Power for Good.

The theme of Power for Good has come about following consultation with teachers and pupils by the Anti-Bullying Alliance which coordinates Anti-Bullying Week every year in England, Wales and Northern Ireland. Teachers and children wanted a theme that empowered them to do something positive to counter the harm and hurt that bullying causes.