

Firecrests Life Skills Spring 2

Keeping me safe

Being Online

It is important to stay safe while online. Make sure you always know who you are talking to.

Learn about it...

Being online means using the computer, tablet, or mobile phone to play games, watch videos, or talk to friends and family.

The internet is a place where you can have fun and learn new things.

But just like in the real world, it's important to be safe and ask grown-ups for help when you need it.



Key Vocabulary	Definition
999	The number to call for an emergency service
ambulance service	The emergency service that helps when someone has been hurt
being online	Your online device being connected to the internet, allowing you to access information/play games in real time
drugs	Pills, tablets or liquids that alter the way your body or mind works
emergency services	The services that help us when we need them. The three main ones are police, fire brigade and ambulance
fire	The result of combustible materials, heat and oxygen combining together
fire brigade	The emergency service that helps when there is a fire, or someone is trapped inside something
medicines	Pills, tablets or liquids that are used to treat illnesses
online devices	Items that are connected to the internet that allow the user to send and receive data
police	The emergency service that helps enforce the law
safe	Feeling a sense of security, trust and calm. Being free from danger
trusted adult	A grown-up who you are happy to talk to and be with

How to make a 999 call

- Pick up the phone and call 999
- Tell the operator which emergency service you want when asked
- Tell the operator your name, where you are and what the emergency is
- Listen carefully and answer any questions you may be asked
- Stay on the line until you are told to end the conversation



The Emergency Services

There are three main emergency services we can get when we call 999. They are the Police, Fire Brigade and the Ambulance.



Storing Medicines



All medicines need to be kept safely away from children and vulnerable adults. A locked container is the best place. If this is not available, then a high shelf or cupboard can be used. Medicines also need to be kept away from heat, light, moisture, and pets.