

Year 4 Red Kites

RE

Summer 2

Multi-Faith Study Sacrifice

Key Vocabulary	Definition
atheism	The lack of belief in any gods or goddesses.
atheist	Someone who does not believe a god exists, often focusing on science, evidence, and this life rather than supernatural explanations.
appearance	How something or someone looks on the outside.
atonement	Making up for a mistake or a wrong action to fix a broken relationship.
charity	Giving help, kindness or support to people who need it, such as through money, care or time.
devotion	A strong feeling of love, loyalty, or dedication toward a person, cause, or activity.
empathy	Using imagination to understand what someone else is going through, sensing their emotions, and acting with kindness and care, rather than just feeling sorry for them.
fasting	Choosing not to eat (or sometimes not drink) for a period of time for religious reasons.
generosity	The habit of giving freely and kindly to others without expecting anything in return.
humanism	A non-religious way of seeing the world based on kindness, science, and reason, rather than religious beliefs.
pilgrim	Person who undertakes a pilgrimage.
pilgrimage	A special journey to a place that is important to a religion.
sacrifice	Giving up something important for a greater reason.
service	An action or job performed by someone to help others.

Christianity: Lent

Lent is a solemn period of preparation leading up to Easter, starting on Ash Wednesday. During Lent, Jesus spent 40 days in the desert, where he resisted temptations from the devil after fasting. Lent is a time for Christians to focus on God, make sacrifices (like giving up sweets or chocolate), and grow in self-discipline.

Islam: Ramadan

Ramadan is the ninth and holiest month of the Islamic calendar, commemorating the month the Qur'an (Muslim holy book) was first revealed to the Prophet Muhammad. It is a time of prayer, reflection, and community. Many Muslims refrain from eating or drinking during daylight hours (from dawn to sunset).

Sacrifice in different religions

Christianity

Giving up something during Lent that may be hard to give up, such as sweets, to them focus on God.



Judaism

Not eating certain foods (keeping Kosher) or giving up work on Shabbat to honour rest and holiness.



Islam

Fasting during Ramadan, giving up food and drink during daylight hours, devotion, patience and empathy for others.



Sikhism

Giving time and effort to serve others (seva), such as helping in the langar kitchen, putting others' needs before your own.



Humanism

Giving up time or resources to help others because it is the right thing to do, not for religious reasons.



Ethical Veganism

Giving up animal products (meat, dairy, leather) to avoid harming animals and to live according to their ethical beliefs.

